

LONG-RANGE SHIELDING EFFECTS OF THE NITRO GROUPS  
IN 6 $\alpha$ - AND 6 $\beta$ -NITROTESTOSTERONES \*

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HUITRIC and coworkers reported that a nitro group has the anisotropic long-range shielding effect similar to that of a carbonyl group (1, 2). Thereafter, from an NMR study of *o*-methyl-nitrobenzene derivatives, Yamaguchi (3) has elegantly shown that the nitro group exerts marked anisotropic shielding effect on the methyl group, and has calculated the principal magnetic susceptibilities of the nitro group. Recently, Stefaniak and coworkers (4, 5) have applied the anisotropic effect of the nitro group to the stereochemistry of some quaternary salts of 5-nitrotetrahydro-1,3-oxazines and nitropropenes. In the course of an NMR study of steroids we have also observed characteristic long-range shieldings by some nitro groups. It is believed worthwhile to add some further interesting examples of the effect of this group.

We have observed the NMR spectra of 6 $\alpha$ -nitrotestosterone (I), 6 $\beta$ -nitrotestosterone (II) and its acetate (III) (6) to examine changes in the chemical shifts of the 19-methyl groups and the C<sub>4</sub>-protons due to introduction of the C<sub>6</sub>-nitro groups. Table I shows the NMR data, and in Fig. 1 are reproduced the signal patterns of the

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TABLE I

Compound	Chemical shift ( $\tau$ ) <sup>a</sup>				
	C <sub>19</sub> -H	C <sub>18</sub> -H	C <sub>6</sub> -H	C <sub>4</sub> -H	C <sub>3</sub> -H
I <sup>b</sup>	8.72 (-0.09)	9.18 (-0.03)	4.67	4.47 (+0.19)	
II <sup>b</sup>	8.88 (+0.07)	9.18 (-0.03)	5.16	3.92 (-0.36)	
III <sup>b</sup>	8.87 (+0.07)	9.14 (-0.02)	5.12	3.90 (-0.37)	
3 $\beta$ -Hydroxy-6 $\alpha$ -nitro-5 $\alpha$ -cholestane <sup>c</sup>	9.12 (-0.08)	9.34 (-0.02)	5.70		6.53 (+0.12)
3 $\beta$ -Acetoxy-6 $\alpha$ -nitro-5 $\alpha$ -cholestane <sup>c</sup>	9.10 (-0.08)	9.35 (0.00)	5.50		5.75 (+0.05)
3 $\beta$ -Acetoxy-5 $\alpha$ -chloro-6 $\beta$ -nitro-5 $\alpha$ -cholestane <sup>c</sup>	8.97 (+0.09)	9.28 (-0.06)	5.37		4.72 (+0.05)

a. Values in parentheses are the changes in the chemical shifts due to the nitro groups. Plus sign represents an upfield shift.

b. The spectra were recorded on a Varian A-60 spectrometer by using about 10% solutions in deuteriochloroform containing tetramethylsilane as an internal reference. Calibration of the spectrometer were checked by the usual side-band technique.

c. Reported values in carbon tetrachloride (10). Additional shift values in parentheses are somewhat ambiguous because the data on reference compounds employed (11) are those measured in deuteriochloroform.

C<sub>6</sub>- and C<sub>4</sub>-protons.

The configurations of the C<sub>6</sub>-nitro groups in I and II were ascertained from the fact that the signals of the C<sub>4</sub>- and C<sub>6 $\beta$</sub> -protons in I appear as a doublet ( $J=2.0$  c.p.s.) and an octet ( $J=12.3, 4.7,$  and  $2.0$  c.p.s.), respectively, whereas those of the C<sub>4</sub>- and C<sub>6 $\alpha$</sub> -protons in II appear as a singlet and a quartet ( $J=4.6$  and  $2.0$  c.p.s.), respectively, as shown in Fig. 1 (7). In general, the C<sub>4</sub>- and C<sub>19</sub>-proton signals are fairly shifted downfield, at any rate, by a C<sub>6 $\alpha$</sub> - and a C<sub>6 $\beta$</sub> -substituent (CH<sub>3</sub>, OR, SR, NRR', Hal, etc.) introduced, respectively (7). This fact has been ascribed to the magnetic anisotropy, polar and inductive effects, and the van der

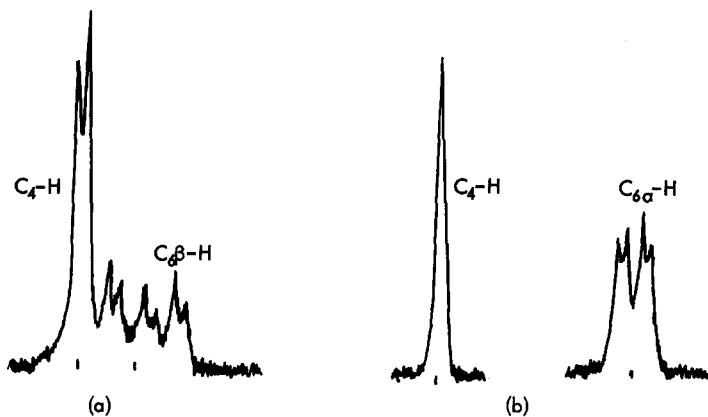


Fig. 1. Signal patterns of the  $C_4$ - and  $C_6$ -protons in I and II at 60 Mc. (a) and (b), respectively).

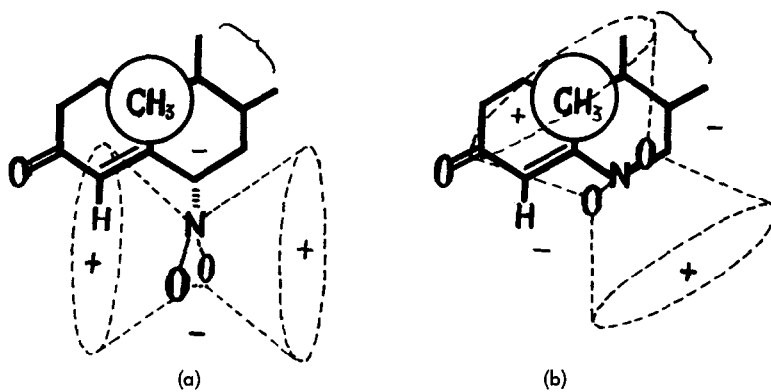


Fig. 2. An approximate representation of the long-range shielding cone of the nitro group.

Waals interaction of the substituent. However, the  $C_4$ -proton signal in I is fairly shifted upfield, whereas those in II and III are remarkably shifted downfield in comparison with those in their parent compounds, testosterone and its acetate; similarly, the 19-methyl protons in II and III are more shielded whereas those in I less shielded, as can be seen from Table I. Reported data on some other 6-nitrosteroids (10) show an analogous tendency for the effects of the nitro groups as also listed in Table I. In addition, the  $C_{6\beta}$ -proton signal in I appears at a remarkably lower field in comparison with the  $C_{6\alpha}$ -proton signal in II and III.

Of a particular interest is the fact that the  $C_4$ -proton in I and the  $C_{19}$ -protons in II and III are more shielded, although all the polar (5, 8), inductive, and van der Waals interaction effects (7, 9) should deshield the protons. This fact cannot be explained without taking into account the strong shielding effect of magnetic anisotropy of the nitro group. Inspection of molecular models suggests that both the  $C_{6\alpha}$ - and  $C_{6\beta}$ -nitro groups would not rotate freely around the  $C_6$ -N bond owing to the steric hindrance. Probable conformations of the nitro groups are illustrated in Fig. 2(a) and (b). In these situations, the nitro groups can exert the long-range shielding effects approximately in such a manner as shown in Fig. 2 upon the relevant protons although the shielding cone for a nitro group might not be simply illustrated. The present consideration is consistent with the observed facts.

Recent circular dichroism studies of nitrosteroids by Snatzke and coworkers (12) have conclusively demonstrated that the nitro groups in 6 $\alpha$ - and 6 $\beta$ -nitrocholestanes are almost fixed in the conformations similar to those represented in Fig. 2 even at room temperature. This might amply justify our consideration.

Similar effects to the nitro group would be exerted by acetyl, formyl, and phenyl groups at the 6-position because they probably have similar conformations and

long-range shielding cones. Therefore, in such a case caution must be taken when the configuration of a substituent is determined from an additional shift value of an angular methyl signal due to the substituent (13).

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